

PSALM 114

TRUST GOD WHO POWERFULLY SAVES US!

A CCS Resource
for Parents & Carers



FOR OLDER KIDS
& TEENS



KEY POINT:

Fear God because He powerfully saves His people.



- What are some things that really worry and scare you?
- How do you try to deal with these concerns and fears?
- How does knowing God help you to deal with these?



PRAY for God's help as you come to His Word
READ PSALM 114



This psalm is referring to when God rescued Israel out of Egypt and led them through the desert to Canaan in the book of Exodus.

1. Read Deuteronomy 4v34-39.
 - What did God do for the people of Israel? *He rescued them out of Egypt.*
 - How did God rescue Israel out of Egypt? *He did it powerfully and miraculously by 'signs and wonders' and 'an outstretched arm'.*
 - Why did God rescue Israel like this? *It was to show that He is the only living God who should be worshipped (v35, 39).*
2. In Psalm 114 what did God do to save Israel? (see Exodus 14v21-22 and Exodus 17v6)
In Ps. 114v3, 5 the sea fled and in verse 8 the Lord made water come out of a rock.
3. The mountains and hills in verses 4 and 6 probably refers to Canaan, the Promised Land God was leading Israel to, because it was a mountainous area unlike Egypt.
 - Why would the hills and mountains be skipping like lambs? *For joy because in verse 2 we see that God would dwell with His people in the land he was leading them to.*
4. How should people respond to the Lord, knowing He powerfully saves His people (v7)? *People should fear the Lord because He is more powerful than anything else. This means knowing and trusting that He is the only God and that He is powerful to save His people.*
5. Read John 20v30-31 and 3v14-15
 - What does John tell us Jesus did? *He did many signs.*
 - Why did John write about the signs Jesus did? *So that we would believe He is the Son of God and have life.*
 - What exactly does Jesus do that we must believe in to have life? *He died on the cross (is lifted up) to save us. If we believe in this then we will have eternal life.*



1. Do you think that God is more powerful than the things you're afraid of?
2. How does knowing that God can powerfully save His people (as He did in the Exodus and as He does now through Jesus' death on the cross) help you to deal with your fears?



PRAISE God that He powerfully saves us now through Jesus' death on the cross. **PRAY** that He would help you to trust that He is the only real God who is powerful to save us.