

# PSALM 23

## THE GOD OF COMFORT

A CCS Resource  
for Parents & Carers



FOR OLDER KIDS  
& TEENS



### KEY POINT:

Jesus is our good shepherd. He proves this by dying on the cross.



- Last week, one of the questions asked was 'what were some things that cheer you up?'. What are some of the things on your list that you've gone to more often during lockdown to comfort you?
- Was Jesus on your list? Why?



**PRAY** for God's help as you come to His Word  
**READ PSALM 23**



This psalm was written by David - the king of God's people. David was a shepherd before he became a king. In those days kings and prophets were anointed. This showed that God had called them to do this special work. David was anointed to be king in 1 Samuel 16v11-13. But before he properly became king there were many people who tried to stop him from becoming king.

1. In this psalm David says God is like his shepherd. What are the 2 main ways God is like a shepherd to David? What pictures does David use to help us understand what God is like?

- In verses 1b-3a: *God provides all David needs including his spiritual needs. The picture is of a shepherd taking a sheep to a place of good pastures and streams to rest and be refreshed.*
- In verses 3b-4: *God is with him guiding him in the right way. God is like a shepherd who is with his sheep guiding in the right way and protecting them even when it's dangerous and scary.*

2. What does David say will be true of him in v6? *God's goodness and love will be with him and one day he will live with God forever.*

- What does God do for David in v5 that makes him say this? *Prepare a table for him in front of his enemies.*
- What does it mean that God prepares a table for David in the presence of his enemies? Can you imagine the picture? *It's like God is throwing a party for David with good food while his enemies are watching!*
- Why is it important that David remembers God called him to be a king (anointed him with oil)? *God will keep his promise to make David king even though it looks like things are going wrong.*

4. Read John 10v10-11. Jesus is the good shepherd of those who trust in him because He is God (John 1v1, 14). What does he do for his people (sheep) and how does he do this? *Jesus gives His people full life. He can do this because he died on the cross taking the punishment for our sin.*



1. How does this passage help you turn to God for comfort instead of those other things on your list?
2. How convinced are you that Jesus is the good shepherd? What stops you from believing that he is the good shepherd who cares for you? How does Psalm 23 and John 10v10-11 help you trust Jesus more as your good shepherd?



**PRAISE** God for Jesus! **THANK** our Heavenly Father that Jesus is our good shepherd who died on the cross for us to have life to the full. **PRAY** and ask Jesus that He would help you to know His love and goodness and that He is with you.