

# ECCLESIASTES 1:1-11

A CCS Resource  
for Parents & Carers



FOR OLDER KIDS  
& TEENS

## IS THERE MORE TO LIFE?



### KEY POINT:

Life is like mist because in the end we don't gain anything.



- What are some things you normally enjoy doing regularly? Why do you enjoy doing these things?
- What are you hoping to achieve in life? Why do you want to achieve these things?
- How are you feeling about life at the moment? Is there anything you are finding hard?
- When was a time when something you enjoyed doing felt frustrating or pointless? Why did you feel this way?



**PRAY** for God's help as you come to His Word  
**READ** [ECCLESIASTES 1:1-11](#)



1. Ecclesiastes teaches Christians how to live in God's world. What does verse 2 tell us it's like to live now in God's world? *Note that "meaningless" or "vanity" means mist or vapour.*

2. What does this imply about life? How do you feel about this?

3. What is the big reason in verse 3 that life is like a mist? How would you put this question in your own words? *We don't last - we all eventually die.*

4. In verses 4-8 how are we shown that we don't gain anything in life? *Human life is compared to nature.*

4.1 How are we different to the world/ nature?

4.2 How are our lives similar to the world/ nature?

- What specifically is being compared?
- How do these compare?
- How do these comparisons show us we don't gain anything in life?

5. From what you've learnt in these verses can you say why we don't gain anything in life? *Just like nature goes round and round, we don't experience good things that last.*

6. In verses 4-8 we see we don't gain anything because we don't really make any progress. What is the objection to this that verses 9-11 anticipates? *The objection is that there are new things.*

7. What does it mean in verse 9 that "there is nothing new under the sun"? *There is nothing new that fills and satisfies us.*

- In what sense then is there nothing new?
- How does verse 11 reinforce this idea?

8. From what you learn in verses 9-11 can you say in a sentence why we don't gain anything in life? *We don't gain anything because even the new things we have don't satisfy us in a lasting way.*



1. How do you feel that God is telling you through Ecclesiastes is telling you life is like a mist?

2. How does knowing that life is mist help you make sense of life now?

3. In what ways are you living like life isn't a mist? How might knowing life is a mist change the way you're living now?



**PRAY** that knowing that life is like a mist will help you to live rightly in God's world. Thank God that He is honest with us about what life in this world is like and ask Him to help you look to Him to His new world where good things will last.